AMENDMENTS TO THE CLAIMS:

This listing of claims will replace all prior versions, and listings, of claims in the application:

LISTING OF CLAIMS:

- 1. (Canceled)
- 2. (Canceled)
- 3. (Canceled)
- 4. (Canceled)
- 5. (Canceled)
- 6. (Canceled)
- 7. (Original) A method of manufacturing a carrier having a pair of flanges and rotatably supporting rotating bodies between the flanges, comprising the steps of:

forming a material into the shape of a cup having an opening; and closing off the opening of the cup so that a pair of flanges opposed to each other and designed to rotatably support rotating bodies between the flanges and joints for connecting the flanges are integrally formed.

- 8. (Original) The method according to claim 7, wherein:
 the material is selected from a plate material, a rod material and a tubular
 material.
- (Original) The method according to claim 7, wherein:
 a bending guide is formed on a border between pre-joints and pre-flanges
 before the material is closed off.
- 10. (Original) The method according to claim 9, wherein: a groove is formed as the bending guide on a side of the border to which the flanges are opposed.
- 11. (Original) The method according to claim 7, wherein: openings are made in pre-joints of the material before the material is closed off.
- 12. (Original) The method according to claim 11, wherein: mandrels are inserted from the openings made in the pre-joints of the material so as to close off the material.
 - 13. (Original) The method according to claim 11, wherein:

engagement holes for engagement with rotational shafts for rotatably supporting rotating bodies in the carrier are made in pre-flanges before the material is closed off.

- 14. (Original) The method according to claim 11, wherein: mandrels are interposed in positions for mounting rotating bodies between the flanges so that the flanges are swaged towards the mandrels.
- 15. (Original) The method according to claim 11, wherein:

 openings are made in the joints of the material after the material has been closed off.
- 16. (Original) The method according to claim 11, wherein:
 the material is selected from a plate material and a tubular material; and
 openings are made in the pre-joints of the material before the material is
 formed into the shape of a cup.
- 17. (Original) The method according to claim 11, wherein:

 the material is selected from a plate material and a tubular material; and
 a bending guide is formed on a border between pre-joints and a pre-flange of
 the material before the material is formed into the shape of a cup.
 - 18. (Original) The method according to claim 17, wherein:

a groove is formed as the bending guide on a side of the border to which the flanges are opposed.

19. (Original) The method according to claim 11, wherein:

a bottom of the material formed into the shape of the cup is turned into a first flange;

peripheral walls adjacent to the bottom are turned into joints; and an opening-side portion of the cup-shaped material, which is to be closed off, is turned into a second flange.

20. (Original) A method of manufacturing a carrier having a pair of flanges and rotatably supporting rotating bodies between the flanges, comprising the steps of:

preparing a tubular material;

closing off both end openings of the tubular material so that a pair of flanges opposed to each other and designed to rotatably support rotating bodies between the flanges and joints for connecting the flanges are integrally formed.

- 21. (Original) The method according to claim 20, wherein:
 a bending guide is formed on a border between pre-joints and pre-flanges
 before the material is closed off.
 - 22. (Original) The method according to claim 21, wherein: a groove is formed as the bending guide inside the tube on the border.

- 23. (Original) The method according to claim 20, wherein: openings are made in pre-joints of the material before the material is closed off.
- 24. (Original) The method according to claim 20, wherein:

 mandrels are inserted from the openings made in the pre-joints of the material so as to close off the material.
- 25. (Original) The method according to claim 20, wherein: engagement holes for engagement with rotational shafts for rotatably supporting rotating bodies in the carrier are made in pre-flanges before the material is closed off.
- 26. (Original) The method according to claim 20, wherein:

 mandrels are interposed in positions for mounting rotating bodies between the flanges so that the flanges are swaged towards the mandrels.
- 27. (Original) The method according to claim 20, wherein: axial centers of a side wall of the tubular material are turned into the joints;
 and

both axial ends of the side wall of the tubular material, which are to be closed off, are turned into a pair of flanges.

28. (Original) A method of manufacturing a carrier having a pair of flanges and rotatably supporting rotating bodies between the flanges, comprising the steps of:

preparing a tubular material having a tubular wall surface;

bulging a wall surface at the axial center of the tubular material radially outwardly so that a pair of flanges opposed to each other and designed to rotatably support rotating bodies between the flanges and joints for connecting the flanges are integrally formed.

- 29. (Original) The method according to claim 28, wherein: openings are made in pre-joints of the material before the material is closed off.
- 30. (Original) The method according to claim 28, wherein:
 engagement holes for engagement with rotational shafts for rotatably
 supporting rotating bodies in the carrier are made in pre-flanges before the material is closed off.
- 31. (Original) The method according to claim 28, wherein:

 mandrels are interposed in positions for mounting rotating bodies between the flanges so that the flanges are swaged towards the mandrels.
 - 32. (Original) The method according to claim 28, wherein: axial centers of the bulged side wall are turned into the joints; and

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both axial ends of the side wall of the tubular material, which are to be closed off, are turned into a pair of flanges.